

CURRICULUM VITAE

Jeremiah Weinstock, Ph.D.

Saint Louis University
Department of Psychology
Morrissey Hall
3700 Lindell Blvd
St. Louis, MO 63108
Office: 314.977.2137

jeremiah.weinstock@health.slu.edu

Licensed Clinical Psychologist:

- Missouri #2010033592 (2010-present)
- Connecticut #002787 (2007-2015)

RESEARCH INTERESTS

Addiction Interventions, Gambling Disorder, and Exercise Adherence

CURRENT EMPLOYMENT

Chair

2021-Present

Department of Psychology
Saint Louis University, St. Louis, MO

- Oversee and coordinate a department with over 25 full-time faculty, 3 PhD programs, 3 undergraduate majors, and 1 undergraduate minor.
- Responsible for budget oversight, event planning, and personnel management.
- Ensure implementation and adherence to university policies.
- Support and maintain a vibrant academic culture.
- Develop and implement strategic initiatives for sustained growth and adherence to best practices within the field of psychology.

Professor (Tenured)

2020-Present

Department of Psychology
Saint Louis University, St. Louis, MO

- Principal investigator for studies (1) investigating exercise as an intervention for substance use disorders and (2) examining etiology and correlates of addiction broadly, and gambling disorder more specifically.
- Instructor of record for graduate and undergraduate courses in psychology.
- Mentor for undergraduate psychology majors and clinical psychology doctoral students.
- Provider of service to the profession, university, college, and department.

ACADEMIC BACKGROUND

Doctor of Philosophy - Clinical Psychology The University of Memphis - Memphis, Tennessee	2004
Predoctoral Clinical Psychology Internship Southwest Consortium Predoctoral Psychology Internship - Albuquerque, New Mexico	2003-2004
Master of Science - Psychology The University of Memphis - Memphis, Tennessee	2002
Bachelor of Arts - Psychology Brandeis University - Waltham, Massachusetts	1996

HONORS AND AWARDS

- 2007 – NIDA HIV/AIDS Research Development Seminar Participant
- 2012 – Invited guest of student-athlete to Department of Athletics' Straight A Luncheon
- 2013, 2014, 2016 – Identified on Saint Louis University senior exit survey as “person who helped students be successful”.
- 2016 – Nominated for SLU College of Arts & Sciences Graduate Mentoring Award
- 2017 – Nominated for SLU College of Arts & Sciences Undergraduate Mentoring Award
- 2021 – Fellow, Association for Behavioral and Cognitive Therapies
- 2022 – Fellow, Saint Louis University Research Institute

PREVIOUS EMPLOYMENT

Associate Professor (Tenured) <ul style="list-style-type: none"> • Principal investigator for studies (1) investigating exercise as an intervention for substance use disorders and (2) examining etiology and correlates of addiction broadly, and gambling disorder more specifically. • Instructor of record for graduate and undergraduate courses in psychology. • Mentor for undergraduate psychology majors and clinical psychology doctoral students. • Provider of service to the profession, university, college, and department. 	2015-2020
Assistant Professor (Tenure-track) Department of Psychology Saint Louis University, St. Louis, MO <ul style="list-style-type: none"> • Principal investigator for studies (1) investigating exercise as an intervention for substance use disorders and (2) examining etiology and correlates of addiction. • Instructor of record for graduate and undergraduate courses in psychology. • Mentor for undergraduate psychology majors and clinical psychology doctoral students. • Provider of service to the profession, university, college, and department. 	2010-2015

Assistant Professor (In Residence) 2009-2010

Calhoun Cardiology Center – Behavioral Health

University of Connecticut Health Center - Farmington, Connecticut

- Principal investigator for grants investigating exercise as an intervention for hazardous drinking and alcohol use disorders.
- Co-investigator for several NIH funded clinical trials related to addictions treatment (gambling and substance use disorders). Responsibilities included project coordination, supervision of research assistants and research therapists, data management, providing gambling and substance use interventions to participants, and IRB reporting.

Postdoctoral Research Fellow 2006-2009

Department of Psychiatry

University of Connecticut Health Center - Farmington, Connecticut

- Principal investigator for pilot study investigating exercise as an intervention for hazardous drinking and alcohol use disorders.
- Co-investigator for several NIH funded clinical trials related to addictions treatment (gambling and substance use disorders). Responsibilities included project coordination, supervision of research assistants and research therapists, data management, providing gambling and substance use interventions to participants, and IRB reporting.

NIAAA T-32 Postdoctoral Fellow 2004-2006

Alcohol Research Center

University of Connecticut Health Center - Farmington, Connecticut

Mentor: Nancy Petry, Ph.D.

- Primary activities included manuscript preparation including literature searches, database management, data analysis, and writing peer-reviewed gambling and contingency management research.
- Assisted with preparation of NIH grant applications for gambling and contingency management clinical trials including literature searches, study design, and writing of therapy manuals.
- Therapist for two NIH funded addiction randomized clinical trials.

Research Associate 1996-1998

Harvard Business School

Boston, Massachusetts

Supervisor: Teresa M. Amabile, Ph.D.

- Coordinated large study investigating impact of daily events on creativity in new product development business teams. This study is the basis for the book *The Progress Principle: Using Small Wins to Ignite Joy, Engagement, and Creativity at Work*.
- Prepared Harvard Business School case study focusing on creativity at a major advertising agency, including conducting interviews, background research, and writing.

TEACHING EXPERIENCE

Instructor of Record

Graduate - Clinical Health Psychology

- Saint Louis University: S2012, S2015, S2018, S2020, S2023

Graduate - Addictions: Assessment and Intervention

- Saint Louis University: S2011, S2014, S2016, S2019

Undergraduate - Abnormal Psychology

- Saint Louis University: F2010, F2011, F2012, F2013, F2014, F2016, F2017, F2019, F2020
 - Includes additional honors section in F2012, F2013, F2014, F2020
- University of Memphis: F2002, S2003

Undergraduate - Introduction to Psychology

- Briarwood College: F2009

Undergraduate - Psychological Statistics

- University of Memphis: F2001

Invited Guest Lecturer

Saint Louis University School of Medicine - Behavioral Health and Medicine	2016-2019
Saint Louis University - Applied Behavioral Analysis Integrated Seminar III	2012-2014
University of Connecticut, Storrs - Graduate Seminar in Exercise Prescription	2009
University of Connecticut Health Center - PGY-1 Residents Seminar	2008
University of Connecticut, Storrs - Graduate Seminar in Allied Health	2007

CLINICAL EXPERIENCE

Private Practice

2011-Present

St. Louis, MO

- Provides psychological assessment and psychotherapy to clients seeking services related to addiction. Typical caseload is 1-3 clients.

Clinical Supervisor

2011-Present

Department of Psychology

Saint Louis University, St. Louis, MO

- Supervised in both group and individual meetings a clinical vertical team of five to six clinical psychology doctoral students providing services in the on-campus outpatient Psychological Services Center and as behavioral health consultants in primary care clinics.
- Range of services provided including brief intervention, therapy and psychological assessment for a variety of clinical presentations and disorders including personality, mood, anxiety, substance use, and learning.

- Clinical Supervisor** 2006-2009
 Department of Psychiatry
 University of Connecticut Health Center, Farmington, CT
- Supervised seven research therapists in addiction psychotherapy clinical trials.
 - Supervised two first year psychiatry residents during inpatient rotation.
- Psychology Intern** 2003-2004
 Southwest Consortium Predoctoral Psychology Internship
 Albuquerque, NM
- Rotations in Substance Use Disorders, Consultation & Liaison, Behavioral Medicine, and Acute Adult Psychiatric Inpatient Unit.
- Clinic Coordinator and Therapist** 1999-2003
 The Gambling Clinic: A Center for Self-Change
 The University of Memphis, Memphis, Tennessee
- Provided manualized gambling treatment and follow-up that included motivational enhancement and cognitive behavioral interventions.
- Sport Psychology Consultant** 1998-2003
 Department of Psychology
 The University of Memphis, Memphis, Tennessee
- Provided sport psychology services to team and individual collegiate and amateur athletes.
 - Assessed potential 2002 and 2003 NBA draft picks for Memphis Grizzlies via structured interview and standardized assessment battery.

PEER REVIEW PUBLICATIONS

(*N* = 65; # undergraduate students; * graduate students; § invited submission)

- Meinerding, M.*, **Weinstock, J.**, Vander Wal, J., & Weaver, T. (in press) Failure to confirm the factor structure of the CEBRACS: An assessment of food and alcohol disturbance. *Journal of American College Health*.
- Winograd, R.P., **Weinstock, J.**, Ruiz, A., Coffey, B., Brown, K., Kondai, R., Connors, E., & Smith, C. (in press). Addressing stimulant use disorder through state opioid response grants from the Substance Abuse and Mental Health Services Administration: Missouri's initial approach. *American Journal of Drug and Alcohol Abuse*.
- Wessinger, C. M.*, Inman, C., **Weinstock, J.**, & Weiss, E. P. (2021). Effect of Huperzine A on cognitive function and perception of effort during exercise: A randomized double-blind crossover trial. *International Journal of Exercise Science*, 14(2), 727-741.
- McGrath, A. B.*, **Weinstock, J.**, Cloutier, R.*, Christensen, M.*, Taylor, D. J., & Henderson, C., (2021). Examination of college health behaviors and self-reported executive functions. *Journal of American College Health*.
- Bello, J., Baxley, C.*, & **Weinstock, J.** (2021). Preconception health services for women with opioid use disorder: A review and best practice recommendation. *Translational Issues in Psychological Science*, 7(2), 154-165.

- Baxley, C.*, **Weinstock, J.**, Rash, C. J., Yalch, M. M., Borsari, B., Garner, A. A., & Benware, J. (2021). Changes in secondary outcomes in response to brief interventions for gambling problems in methadone patients. *Addictive Behaviors, 120*, 106953.
- Weinstock, J.**, Fu, Q., Veeramachaneni, K.#, Poe, L.*, Baxley, C.*, & Weiss, E. P. (2021). The effects of substance use and physical activity on cognition: The impact of incongruent health behaviors in a cross-sectional study. *Drug and Alcohol Dependence, 221*, 108635.
- Wenzel, K. R., **Weinstock, J.**, & McGrath, A. B.* (2020). The clinical significance of food addiction. *Journal of Addiction Medicine, 14(5)*, 153-159.
- Cho, D., Armeli, S., **Weinstock, J.**, & Tennen, H. (2020). Daily- and person-level associations between physical activity and alcohol use among university students. *Emerging Adulthood, 8(5)*, 428-434.
- Rosen, L.,* **Weinstock, J.**, & Peter, S.C. (2020). A randomized clinical trial exploring gambling attitudes, barriers to treatment, and efficacy of a brief motivational intervention among ex-offenders with disordered gambling. *Journal of Forensic Sciences, 65(5)*, 1646-1655.
- Bello, J. K., Hearing, C., Salas, J., **Weinstock, J.**, & Linhorst, D. (2020). Trends in substance use by gender among participants in a jail-based substance use disorder treatment program: 1998-2016. *Journal of Forensic Sciences, 65(1)*, 97-102.
- Coral, R.,* Esposito, F., & **Weinstock, J.** (2020). Don't Go There: A zero-permission geofencing app to alleviate gambling disorder. *2020 IEEE 17th Annual Consumer Communications & Networking Conference*. [Computer science.]
- Mulhauser, K.*, **Weinstock, J.**, Van Patten, R.V.*, McGrath, A.B.*, Merz, Z.C.*, & White, C.* (2019). Examining the stability of the UPPS-P and MCQ-27 during initial abstinence and residential treatment for substance use disorder. *Experimental and Clinical Psychopharmacology, 27(5)*, 474-481.
- Buchanan, T. W., McMullin, S.*, Mulhauser, K.*, **Weinstock, J.**, & Weller, J. A. (2019). Diurnal cortisol and decision making under risk in gambling disorder. *Psychology of Addictive Behaviors, 34*, 218-229.
- Weinstock, J.**, Petry, N. M., Pescatello, L. S., Henderson, C. E., & Nelson, C. R.* (2019). Randomized clinical trial of exercise for non-treatment seeking adults with alcohol use disorder. *Psychology of Addictive Behaviors, 34*, 65-75.
- Buchanan, T. W., McMullin, S. D.,* Baxley, C.,* & **Weinstock, J.** (2019). Stress and gambling. *Current Opinion in Behavioral Sciences, 31*, 8-12.
- Perry, J. E. *, Hansen, A. *, Ross, M. J., Montgomery, T. *, & **Weinstock, J.** (2019). Effectiveness of athletes' mental strategies in maintaining high heart rate variability: Utility of a brief athlete-specific stress assessment protocol. *Journal of Clinical Sport Psychology, 13*, 41-55.
- Baxley, C. *, **Weinstock, J.**, Lustman, P., & Garner, A. A. (2019). The influence of anxiety sensitivity on opioid use disorder treatment outcomes. *Experimental and Clinical Psychopharmacology, 27*, 64-77.
- April, L. M.*, & **Weinstock, J.** (2018). The relationship between gambling severity and risk of criminal recidivism. *Journal of Forensic Sciences, 63*, 1201-1206.
- Mulhauser, K. *, Miller, E. #, & **Weinstock, J.** (2018). Development and psychometric evaluation of the pornography purchase task. *Addictive Behaviors, 84*, 207-214.
- Van Patten, R. *, **Weinstock, J.**, & McGrath, A.B. * (2018). Health outcomes in individuals with problem and pathological gambling: An analysis of the 2014 North Carolina

- Behavioral Risk Factor Survey System (BRFSS). *Journal of Gambling Studies*, 34, 297-306.
- Mulhauser, K. *, **Weinstock, J.**, Ruppert, P., & Benware, J. (2018). Changes in neuropsychological status during the initial phase of abstinence in alcohol use disorder: Neurocognitive impairment and implications for clinical care. *Substance Use & Misuse*, 53(6), 881-890.
- Perry, J. E. *, Ross, M. J., **Weinstock, J.**, & Weaver, T (2017). Efficacy of a brief mindfulness intervention to enhance athletic task performance: A randomized controlled trial. *The Sport Psychologist*, 31(4), 410-421.
- Perry, J. E. *, Ross, M. J., **Weinstock, J.**, & Gfeller, J. (2017). Examining the interrelationships between motivation, conscientiousness, and individual endurance sport performance. *Journal of Sports Sciences*, 5, 146-156.
- Weinstock, J.**, April, L. M. *, & Kallmi, S. # (2017). Is subclinical gambling really subclinical? *Addictive Behaviors*, 73, 185-191.
- Weinstock, J.**, Farney, M.R. #, Elrod, N. M. *, Henderson, C. E., & Weiss, E. P. (2017). Exercise as an adjunctive treatment for substance use disorders: Rationale and intervention description. *Journal of Substance Abuse Treatment*, 72, 40-47.
- Rash, C. J., Stitzer, M., & **Weinstock, J.** (2017). Contingency management: New directions and remaining challenges for an evidence-based intervention. *Journal of Substance Abuse Treatment*, 72, 10-18.
- Weinstock, J.**, Petry, N. M., Pescatello, L. S., & Henderson, C. E. (2016). Sedentary college student drinkers can start exercising and reduce drinking after intervention. *Psychology of Addictive Behaviors*, 30, 791-801.
- Weinstock, J.**, Mulhauser, K. R. W. *, Oremus, E. G. #, & D'Agostino, A. R. # (2016). Demand for gambling: Development and assessment of a Gambling Purchase Task. *International Gambling Studies*, 16, 316-327.
- §Rash, C. J., **Weinstock, J.**, & Van Patten, R. * (2016). A review of gambling disorder and substance use disorders. *Substance Abuse and Rehabilitation*, 7, 3-13.
- Brett, E. I. #, **Weinstock, J.**, Burton, S., Wenzel, K. R. *, Weber, S. *, & Moran, S. (2014). Do the DSM-5 diagnostic revisions affect the psychometric properties of the Brief Biosocial Gambling Screen? *International Gambling Studies*, 14(3), 447-456.
- Weinstock, J.**, Scott, T. L. #, Burton, S., Rash, C.J., Moran, S., Biller, W., & Kruegelbach, N., (2014). Current suicidal ideation in gamblers calling a helpline. *Addiction Research & Theory*, 22, 398-406.
- §**Weinstock, J.** & Rash, C. J. (2014). Clinical and research implications of gambling disorder in DSM-5. *Current Addiction Reports*, 1, 159-165.
- Leavens, E. #, Marotta, J., & **Weinstock, J.** (2014). Disordered gambling in residential substance use treatment centers: An unmet need. *Journal of Addictive Diseases*, 33, 163-173.
- Wenzel, K. R. *, **Weinstock, J.**, Vander Wal, J., & Weaver, T. (2014). Examining the role of negative urgency in a predictive model of bulimic symptoms. *Eating Behaviors*, 15, 343-349.
- Weinstock, J.**, Capizzi, J. *, Weber, S. M. *, Pescatello, L. S., & Petry, N. M. (2014). Exercise as an intervention for sedentary hazardous drinking college students: A pilot study. *Mental Health & Physical Activity*, 7, 55-62.

- Weinstock, J.**, Rash, C. J., Burton, S., Moran, S., O'Neil, K., Biller, W., & Kruedelbach, N. (2013). Examination of proposed DSM-5 changes to pathological gambling in a helpline sample. *Journal of Clinical Psychology, 69*, 1305-1314.
- Weinstock, J.**, Massura, C. E.*, & Petry, N. M. (2013). Professional and pathological gamblers: Similarities and differences. *Journal of Gambling Studies, 29*, 205-216.
- Panza, G. *, **Weinstock, J.**, Ash, G. I., & Pescatello, L. S. (2012). Psychometric evaluation of the Timeline Followback for exercise among college students. *Psychology of Sport & Exercise, 13*, 779-788.
- Weinstock, J.**, Wadeson, H. K.*, & VanHeest, J. L. (2012). Exercise as an adjunct treatment for opiate agonist treatment: Review of the current research and implementation strategies. *Substance Abuse, 33*, 350-360.
- Rash, C. J., **Weinstock, J.**, & Petry, N. M. (2011). Drinking patterns of pathological gamblers before, during, and after gambling treatment. *Psychology of Addictive Behaviors, 25*, 664-674.
- Petry, N. M., **Weinstock, J.**, & Alessi, S. M. (2011). A randomized trial of contingency management delivered in the context of group counseling. *Journal of Consulting and Clinical Psychology, 79*, 686-696.
- Weinstock, J.**, Burton, S., Rash, C. J., Moran, S., Biller, W., Kruedelbach, N., Phoenix, N., & Morasco, B. (2011). Predictors of engaging in problem gambling treatment: Data from the West Virginia Problem Gamblers Help Network. *Psychology of Addictive Behaviors, 25*, 372-379.
- Weinstock, J.**, Rash, C. J., & Petry, N. M. (2010). Contingency management for cocaine use in methadone maintenance patients: When does abstinence happen? *Psychology of Addictive Behaviors, 24*, 282-291.
- Weinstock, J.** (2010). A review of exercise as intervention for sedentary hazardous drinking college students: Rationale and issues. *Journal of American College Health, 58*, 539-544.
- Petry, N. M., **Weinstock, J.**, Alessi, S. M., Lewis, W. M., & Dieckhaus, K. (2010). Group-based randomized trial of contingencies for health and abstinence in HIV patients. *Journal of Consulting and Clinical Psychology, 78*, 89-97.
- Petry, N. M., **Weinstock, J.**, Morasco, B. J., & Ledgerwood, D. M. (2009). Brief motivational interventions for college student problem gamblers. *Addiction, 104*, 1569-1578.
- Barry, D., **Weinstock, J.**, & Petry, N. M. (2008). Ethnic differences in HIV risk behaviors among methadone-maintained women receiving contingency management for cocaine use disorders. *Drug and Alcohol Dependence, 98*, 144-153.
- Weinstock, J.**, & Petry, N. M. (2008). Pathological gambling college students' perceived social support. *Journal of College Student Development, 49*, 625-632.
- Weinstock, J.**, Barry, D., & Petry, N. M. (2008). Exercise-related activities are associated with positive outcome in contingency management treatment for substance use disorders. *Addictive Behaviors, 33*, 1072-1075.
- Weinstock, J.**, Whelan, J. P., & Meyers, A. W. (2008). College students' gambling behavior: When does it become harmful? *Journal of American College Health, 56*, 513-521.
- Petry, N. M., **Weinstock, J.**, Ledgerwood, D. M., & Morasco, B. J. (2008). A randomized trial of brief interventions for problem and pathological gamblers. *Journal of Consulting and Clinical Psychology, 76*, 318-328.

- §**Weinstock, J.**, Ledgerwood, D. M., Modesto-Lowe, V., & Petry, N. M. (2008). Ludomania: Cross-cultural examinations of gambling and its treatment. *Revista Brasileira de Psiquiatria*, *30*, S3-S10.
- Ledgerwood, D. M., **Weinstock, J.**, Morasco, B., & Petry, N. M. (2007). Clinical features and treatment prognosis of pathological gamblers with and without recent gambling-related illegal behavior. *Journal of the American Academy of Psychiatry and the Law*, *35*, 294-301.
- Weinstock, J.**, Whelan, J. P., Meyers, A. W., & McCausland, C. (2007). The performance of two pathological gambling screens in college students. *Assessment*, *14*, 399-407.
- Petry, N. M., & **Weinstock, J.** (2007). Internet gambling is common in college students and associated with poor mental health. *American Journal on Addictions*, *16*, 325-330.
- Weinstock, J.**, Ledgerwood, D. M., & Petry, N. M. (2007). The association between posttreatment gambling behavior and harm in pathological gamblers. *Psychology of Addictive Behaviors*, *21*, 185-193.
- Morasco, B. J., **Weinstock, J.**, Ledgerwood, D. M., & Petry, N. M. (2007). Psychological factors that promote and inhibit pathological gambling. *Cognitive and Behavioral Practice*, *14*, 208-217.
- Weinstock, J.**, Whelan, J. P., Meyers, A. W., & Watson, J. M. (2007). Gambling behavior of student athletes and a student cohort: What are the odds? *Journal of Gambling Studies*, *23*, 13-24.
- Taylor, D. J., Lichstein, K. L., **Weinstock, J.**, Sanford, S. & Temple, J. R. (2007). A pilot study of cognitive-behavioral therapy of insomnia in people with mild depression. *Behavior Therapy*, *38*, 49-57.
- Weinstock, J.**, Alessi, S. M., & Petry, N. M. (2007). Regardless of psychiatric severity the addition of contingency management to standard treatment improves retention and drug use outcomes. *Drug and Alcohol Dependence*, *87*, 288-296.
- Weinstock, J.**, Armentano, C., & Petry, N. M. (2006). Prevalence and health correlates of gambling problems in substance abuse counselors. *American Journal on Addictions*, *15*, 144-149.
- Weinstock, J.**, Blanco, C., & Petry, N. M. (2006). Health correlates of pathological gambling in a methadone maintenance clinic. *Experimental and Clinical Psychopharmacology*, *14*, 87-93.
- Weinstock, J.**, Whelan, J. P., & Meyers, A. W. (2004). Behavioral assessment of gambling: An application of the Timeline Followback method. *Psychological Assessment*, *16*, 72-80.
- Brewer, B. W., Van Raalte, J. L., Petitpas, A. J., Sklar, J. H., Pohlman, M. H., Krushell, R. J., Ditmar, T. D., Daly, J. M., & **Weinstock, J.** (2000). Preliminary psychometric evaluation of a measure of adherence to clinic-based sport injury rehabilitation. *Physical Therapy in Sport*, *1*, 68-74.

BOOK CHAPTERS, LETTERS, & OTHER SCHOLARLY WORKS

(§ invited submission)

- §**Weinstock, J.** (2018). Incorporating personalized feedback into gambling disorder treatment. *International Centre for Youth Gambling Problems and High Risk Behaviors Newsletter*, *18*(2), 4-6.
- §**Weinstock, J.**, & Ledgerwood, D. M., (2018). Remembering Dr. Nancy M. Petry. *Journal of Behavioral Addictions*, *7*, 499-500.

- Weinstock, J.** (2018). Call to action for gambling disorder in the United States [Letter to the editor]. *Addiction*, *113*, 1156-1158.
- §**Pearson, M., & Weinstock, J.** (2017). Devil's advocate on contingency management. *The Addictions Newsletter for the American Psychological Association, Division 50*, 6-7.
- Weinstock, J., & Petry, N. M.** (2016). Reinforcing behavior change [Peer commentary on the paper "Framing financial incentives to increase physical activity among overweight and obese adults: A randomized, controlled trial" by M.S. Patel et al.]. *Annals of Internal Medicine*, *165*(8), 599. doi: 10.7326/L16-0281
- §**Weinstock, J.** (2015). The Wiley-Blackwell Handbook of Disordered Gambling, edited by David C.S. Richard, Alex Blaszczynski and Lia Nower [Review of the book *The Wiley-Blackwell Handbook of Disordered Gambling, edited by David C.S. Richard, Alex Blaszczynski and Lia Nower.*]. *Addiction*, *110*, 187.
- §**Morasco, B. J., Ledgerwood, D. M., Weinstock, J., & Petry, N. M.** (2009). Cognitive-behavioral approaches to pathological gambling. In G. Simos (Ed.), *CBT: A Guide for the Practicing Clinician – Volume II* (pp. 112-126). London: Psychology Press.
- §**Petry, N. M., & Weinstock, J.** (2007). Comorbidity and mental illness in pathological gambling. In *Research and Measurement Issues in Gambling Studies* (Smith, G., Hodgins, D., & Williams, R., Eds.). San Diego, CA: Elsevier.
- Amabile, T. M., & Weinstock, J.** (1998). *Arnold Communications*. Harvard Business School Case Study 9-899-083. Cambridge, MA: Harvard Business School Press.

MANUSCRIPTS UNDER REVIEW (#undergraduate students; *graduate students)

- Weinstock, J., Wenzel, K. R., Baxley, C., Fitterman-Harris, H.F.,* & Buchanan, T.W.** (2022). *Common subtypes across addictions: Alcohol, gambling, and food*. Manuscript submitted for publication.
- Weaver, T. L., Elhai, J.D., Baxley, C.*, & Weinstock, J.** (2022). Intimate partner violence (IPV) and healthcare utilization: An examination based on substance use and injury with implications for IPV screening. *Manuscript submitted for publication*.
- Baxley, C.*, Weinstock, J., & Buchanan, T.W.** (2022). *Anxiety sensitivity: Exploring its relationship to gambling disorder*. Manuscript submitted for publication.
- Weinstock, J., Van Patten, R.*, Mulhauser, K.*, & Buchanan, T.W.** (2022). *The influence of acute stress and addiction on risk-taking: Comparison between gambling disorder and alcohol use disorder*. Manuscript submitted for publication.

ACADEMIC PRESENTATIONS (#undergraduate students; *graduate students)

- Weinstock, J.** (2021, March). *Exercise as an intervention for substance use disorders*. Invited presentation to Saint Louis University's Nu Rho Psi Neuroscience Club.
- Weinstock, J.** (2020, November). A risky proposition: College students' ideas about what gambling is. In L. Holt (Chair), *Evidence-based interventions for college student health behaviors: Improving buy-in and navigating barriers to implementation*. Symposium presented at the 54th annual convention of the Association for Behavioral and Cognitive Therapies, Virtual.
- Weinstock, J., Buchanan, T.W., Mulhauser, K.R.,* & Van Patten, R.*** (2019, November). Examining gambling disorder from a behavioral economic perspective. In S.F. Acuff (Chair), *Reframing behavioral addictions as a reinforcer pathology: Implications for*

- theory and practice*. Symposium presented at the 53rd annual convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- Weinstock, J.** (2019, July). *Exercise as an intervention for addiction: The how and the why*. Invited colloquia at Research and Education Services, VA St. Louis Healthcare System, St. Louis, MO.
- Weinstock, J.** (2019, March). *Treatment of gambling disorder with an emphasis in high-risk populations*. Invited presentation at Missouri University of Science & Technology, Department of Psychology, Rolla, MO.
- Baxley, C.,* **Weinstock, J.**, Garner, A.A., & Lustman, P.J. (2018, November). Exploring anxiety sensitivity in opioid use disorder treatment outcomes. In A.H. Rogers & J. Bakhshae (Chairs), *Transdiagnostic cognitive-affective vulnerability factors in the context of comorbid emotional problems and opioid misuse*. Symposium conducted at the 52nd annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Wenzel, K., & **Weinstock, J.** (2017, November). Do latent subtypes generalize across addictions? Examining alcohol, gambling, and food addiction. In **J. Weinstock** (Chair), *Underlying risk factors of addictions and their implication for treatment*. Symposium conducted at the 51st annual convention of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
- Weinstock, J.** (2017, October). *ICD versus DSM-5: Should gambling be moved to addiction in ICD-11?* Invited speaker at the 18th Annual Conference on Gambling and Addiction, National Center for Responsible Gambling, Las Vegas, NV.
- Weinstock, J.** (2016, November). *Behavior therapy and addictive behaviors: Present and Future*. Panel discussion conducted at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Buchanan, T., Van Patten, R.*, Farney, M.R.#, Mulhauser, K.*, & **Weinstock, J.** (2016, September). *How does stress affect decision making in individuals with gambling disorders?* Paper presented at International Society of Psychoneuroendocrinology, Miami, FL.
- Weinstock, J.** (2016, June). *The new diagnostic code for gambling disorder in the DSM-5: What are the implications for public health policy?* Invited presenter at the National Center for Responsible Gaming's State of the Science Conference, Boston, MA.
- Henderson, C.E., & **Weinstock, J.** (2016, June). *Integrative data analysis (IDA) of exercise-based interventions for alcohol use*. Paper presented at the 39th Research Society on Alcoholism Scientific Meeting, New Orleans, LA.
- Weinstock, J.** (2015, November). *Behavior therapy and addictive behaviors: Past, Present, and Future*. Panel discussion conducted at the 49th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Wenzel, K. R.*, Weber, S. M.*, Wilkerson, R. A.*, Loo, K.#, McGinn, M.#, & **Weinstock, J.** (2015, July). *Problem drinking and alcohol consequences among U.S. and Guatemalan college students*. Paper presented at the XXXV Interamerican Conference of Psychology, Lima, Peru.
- Weinstock, J.**, Petry, N. M., Pescatello, L. S., & Nelson, C.* (2014, November). Motivational intervention for exercise in sedentary nontreatment seekers with an alcohol use disorder. In **J. Weinstock** & C. Rash (Co-Chairs), *Developing and disseminating contingency management interventions for behavior change*. Symposium conducted at the

- 48th annual convention of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.
- Marotta, J., Leavens, E. L.[#], & **Weinstock, J.** (2013, May). *Disordered gambling in residential substance use disordered treatment centers: An unmet need*. Paper presented at the 15th International Conference on Gambling & Risk Taking. Las Vegas, NV.
- Weinstock, J.**, & Rash, C. J. (2012, November). Potential impact of proposed DSM-5 pathological gambling criteria and comparison to DSM-IV criteria in a help-seeking sample. In D.W. Foster and C. Neighbors (Chairs). *Best bets in gambling research: New directions in identification, etiology, and prevention of problematic gambling*. Symposium conducted at the 46th annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Weinstock, J.** (2012, November). *Exercise and physical activity interventions as adjunctive or stand-alone treatments for psychiatric and substance use conditions*. Panel discussion conducted at the 46th annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
- Weinstock, J.** (2012, October). *What motivates people with gambling problems to seek help?* Invited paper presented at the 13th National Center for Responsible Gaming Conference on Gambling and Addiction, Las Vegas, NV.
- Weinstock, J.**, Pescatello, L. S., & Petry, N. M. (2011, November). Motivational interventions for exercise in sedentary hazardous drinking college students. In M.W. Otto and J. Smits (Chairs). *Exercise for physical and mental health: Targets for intervention and dissemination for CBT therapists*. Symposium conducted at the 45th annual convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Rash, C. J., **Weinstock, J.**, Burton, S., Moran, S. (2011, July). *Comparison of DSM-IV and V changes in a help-seeking sample*. Paper presented at the 25th National Conference on Problem Gambling, Boston, MA.
- Wogksch, M. D.*, **Weinstock, J.**, Ash, G.*, & Pescatello, L. S. (2011, June). *Motivational interventions effects on physical activity motivation in college students*. *Medicine and Science in Sports and Exercise*, 43(5-Supplement 1), 75.
- Panza, G. A.*, **Weinstock, J.**, Ash, G. I.*, & Pescatello, L. S. (2010, November). *Validity of the Timeline Followback for exercise among college students*. Paper presented at New England American College of Sports Medicine 2009 Annual Meeting, Providence, RI.
- Wogksch, M. D.*, **Weinstock, J.**, Ash, G. I.*, & Pescatello, L. S. (2010, November). *Motivational interventions effects on physical activity motivation in college students*. Paper presented at New England American College of Sports Medicine 2009 Annual Meeting, Providence, RI.
- McDaniel, S. R., Smith, G. J., & **Weinstock, J.** (2010, August). *Investigating risk-taking factors in gambling motivations and problem gambling in college students*. Paper presented at American Marketing Association 2010 Summer Marketing Educators' Conference, San Diego, CA.
- Walker, T. J.*, Petry, N. M., **Weinstock, J.**, & Pescatello, L. S. (2010, June). *The influence of contingency management on physical activity levels among HIV-positive substance users*. Paper presented at American College of Sports Medicine 2010 Annual Meeting, Baltimore, MD.
- Walker, T. J.*, Petry, N. M., **Weinstock, J.**, Pescatello, L. S. (2009, November). *The influence of contingency management on physical activity among HIV-positive substance*

- users*. Paper presented at New England American College of Sports Medicine 2009 Annual Meeting, Providence, RI.
- Weinstock, J.**, Ledgerwood, D. M., & Petry, N. M. (2009, May). *Brief interventions for disordered gambling*. Paper presented at the 14th International Conference on Gambling and Risk-Taking, Stateline, NV.
- Weinstock, J.**, & Petry, N. M. (2009, May). *Professional and pathological gamblers: Similarities and differences*. Paper presented at the 14th International Conference on Gambling and Risk-Taking, Stateline, NV.
- Weinstock, J.** (2008, September). *Post-treatment gambling and harm in pathological gamblers*. Invited paper presented at Ontario Problem Gambling Research Centre Symposium on Low-Risk Behavioural Guidelines for Gambling, Calgary, Alberta, Canada.
- Weinstock, J.** (2007, March). *Use of contingency management (vouchers) in problem gambling treatment*. Invited paper presented at the annual conference of the Alberta Gaming Research Institute, Banff, Alberta, Canada.
- Weinstock, J.**, Petry, N. M., Alessi, S. M., & Ledgerwood, D. M. (2006, November). *Dissemination and training of contingency management for substance use disorders*. Paper presented at the 2006 Annual Meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Taylor, D. J., Lichstein, K. L., **Weinstock, J.**, Sanford, S. (2005, June). *Cognitive behavioral therapy of insomnia in people with major depressive disorder*. Paper presented at 19th Annual Meeting of Associated Professional Sleep Societies, Denver, CO.
- Weinstock, J.**, Whelan, J. P., & Meyers, A. W. (2004, October). *Behavioral indicators of pathological gambling*. Paper presented at the Institute for Problem Gambling's International Symposium on Problem Gambling and Co-Occurring Disorders, Mystic, CT.
- Weinstock, J.**, Whelan, J. P., & Meyers, A. W. (2003, May). *Behavioral assessment of gambling*. Paper presented at the 12th International Conference on Gambling and Risk-Taking, Vancouver, BC.
- Weinstock, J.**, & Whelan, J. P. (2001, May). *College age gambling: Ideas for health promotion*. Paper presented at the Memphis in May Student Affairs Conference, Memphis, TN.
- Weinstock, J.**, Whelan, J. P., & Meyers, A. W. (2000, June). *Gambling among collegiate athletes and non-athletes: Is there much action off the field?* Paper presented at the 11th International Conference on Gambling and Risk-Taking, Las Vegas, NV.
- Amabile, T. M., **Weinstock, J.**, & Archambault, S. (1998, August). *The relationship between work environment and creativity*. Paper presented at the annual meeting of the Academy of Management, San Diego, CA.
- Amabile, T. M., Whitney, D., **Weinstock, J.**, Miller, L., & Fallang, C. (1997, August). *What really happens in creative projects: Event sampling through electronic data collection*. Paper presented at the annual meeting of the Academy of Management, Boston, MA.

CLINICAL TRAININGS

- Weinstock, J.** (2022, October). *Gambling & suicide: The who, the why, and what to do*. Invited 3-hour webinar for Delaware Council on Gambling Problems.
- Weinstock, J.** & Ledgerwood, D. (2022, July). *A primer on cognitive behavioral therapy for gambling disorder*. National Conference on Gambling Addiction & Responsible Gambling, Boston, MA.

- Weinstock, J.** (2022, June). *Gambling & suicide: The who, the why, and what to do*. Invited 3-hour webinar for LifeWorks, Inc.
- Weinstock, J.** (2022, May). *Context and nuances of treating sports betting within gambling disorder*. Invited webinar for Kansas Coalition for Problem Gambling.
- Weinstock, J.** (2022, May-September). *Designing and implementing contingency management interventions for health behavior change*. Online 7-hour training and follow-up technical assistance support calls for Indiana University, School of Medicine.
- Weinstock, J.** (2022, March). *Gambling disorder 101: A primer on the disorder and policy recommendations*. Invited webinar for Chestnut Health Systems, Granite City, IL.
- Weinstock, J.** (2022, March). *A primer on cognitive behavioral therapy for gambling disorder*. Invited webinar for Chestnut Health Systems, Granite City, IL.
- Weinstock, J.** (2021, October). *EPIC Education: Contingency management*. Every Person Impacts Community, Cape Girardeau, MO.
- Weinstock, J.** (2021, September). *Gambling disorder 101: A primer on the disorder and policy recommendations for Missouri*. Missouri Behavioral Health Council Conference, Virtual.
- Weinstock, J.** (2021, September). *Developing and implementing contingency management interventions in the treatment of substance use disorders*. Missouri Behavioral Health Council Conference, Virtual.
- Weinstock, J.,** Rash, C. J., Becker, S. J., & Countryman, A. (2021, August). *Treating stimulant use disorder: Introduction to contingency management*. Round table discussion for the Mid-America Addiction Technology Transfer Center, Kansas City, MO.
- Weinstock, J.** (2021, August). *A primer on cognitive behavioral therapy for gambling disorder*. Invited webinar for the Illinois Council on Problem Gambling.
- Weinstock, J.** (2021, March). *Incorporating personalized feedback into gambling disorder treatment*. Invited webinar for Chestnut Health Systems, Inc., Granite City, IL.
- Weinstock, J.** (2020, December). *Gambling, stress, and how they interact*. Invited webinar for the Illinois Council on Problem Gambling.
- Weinstock, J.** (2020, December). *Review of different gambling patient profiles*. Invited webinar for the Illinois Council on Problem Gambling.
- Weinstock, J.** (2020, July). *Why gambling problems – past or present – matter in substance use disorders treatment*. Invited webinar for the Illinois Council on Problem Gambling.
- Weinstock, J.** (2020, March-August). *Designing and implementing contingency management interventions for health behavior change*. Online 7-hour training and follow-up technical assistance support calls for Missouri Department of Mental Health.
- Rash, C.J., & **Weinstock, J.** (2019, November). *Designing contingency management interventions for health behaviors*. Ticketed workshop presented at the 53rd annual convention of the Association of Behavioral and Cognitive Therapies, Atlanta, GA.
- Weinstock, J.** (2019, July). *Gambling behavior: It's functional*. Paper presented at the 33rd National Conference on Gambling Addiction & Responsible Gambling, Denver, CO.
- Weinstock, J.** (2019, April). *The case for integration of gambling disorder into mental health and addiction treatment*. Invited keynote speaker at the 42nd Annual Governor's Conference on Substance Abuse, Des Moines, IA.
- Weinstock, J.** (2019, April). *Gambling behavior: It's functional*. Invited speaker at the 42nd Annual Governor's Conference on Substance Abuse, Des Moines, IA.

- Weinstock, J.** (2019, February). *Gambling behavior: It's functional*. Invited webinar for the Florida Council on Compulsive Gambling.
- Weinstock, J.** (2018, July). *Incorporating personalized feedback into gambling disorder treatment*. Paper presented at the 32nd National Conference on Gambling Addiction & Responsible Gambling, Cleveland, OH.
- Weinstock, J.** (2018, March). *Assessment and treatment of gambling disorder with an emphasis on high risk populations*. Invited keynote speaker at Michigan's 10th Annual Gambling Disorder Symposium, Novi, MI.
- Weinstock, J.** (2018, March). *Gambling behavior: It's functional*. Invited keynote speaker at Michigan's 10th Annual Gambling Disorder Symposium, Novi, MI.
- Weinstock, J.** (2017, August). *Gambling disorder: A brief overview*. Invited presentation on the monthly training oriented conference call of American Psychological Association, Division 50 (Society of Addiction Psychology).
- Weinstock, J.** (2017, April). *Utilizing exercise as a component of substance use disorders treatment*. Invited speaker at the 40th Annual Governor's Conference on Substance Abuse, Des Moines, IA.
- Weinstock, J.** (2016, June). *Using client intake data to generate personalized feedback during gambling disorder treatment*. Paper presented at the 13th Annual Midwest Conference on Problem Gambling and Substance Abuse. Kansas City, MO.
- Weinstock, J.** (2016, April). *The need to assess for gambling problems during substance use disorders treatment*. Invited webinar for the Iowa Department of Public Health.
- Weinstock, J., Marotta, J., & Leavens, E.L.**[#] (2015, June). *Why gambling problems – past or present – matter in substance use disorders treatment*. Paper presented at the 12th Annual Midwest Conference on Problem Gambling and Substance Abuse. Kansas City, MO.
- Weinstock, J.** (2014, March). *Multifinality and addiction: Same underlying cause, different disorders*. Invited paper presented at California Office of Problem Gambling 5th Annual Problem Gambling Training Summit. Berkeley, CA.
- Weinstock, J., & Rash, C. J.** (2012, March). *Co-morbid alcohol use and alcohol use disorders within pathological gamblers*. Invited paper presented at California Office of Problem Gambling 3rd Annual Problem Gambling Training Summit. San Diego, CA.
- Weinstock, J., & Rash, C.J.** (2011, November). *Designing contingency management interventions for health behaviors*. Workshop conducted at the 45th annual convention of the Association of Behavioral and Cognitive Therapies, Toronto, Canada.

POSTER PRESENTATIONS (#undergraduate students; *graduate students)

- Meinerding, M.,* Veeramachaneni, K.,[#] Borato, L.,* Chang, A.,* Paul, M.,* Thomas, L.,* & **Weinstock, J.** (2022, November). *Beyond impulsivity: Examining domains of executive dysfunction across problematic gambling and hazardous drinking in American college students*. Poster accepted for presentation at the 56th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Paul, M.,* Chang, A.,* Veeramachaneni, K.,[#] Meinerding, M.,* Thomas, L.,* Borato, L.,*, & **Weinstock, J.** (2022, November). *Predicting sleep problems in veterans receiving substance use disorders treatment*. Poster accepted for presentation at the 56th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Thomas, L.,* Chang, A.,* Paul, M.,*, Borato, L.,*, Meinerding, M.,* & **Weinstock, J.** (2022, November). *Alcohol use and executive functioning: the buffering role of physical activity*.

- Poster accepted for presentation at the 56th Annual Convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Meinerding, M.,* Thomas, L.,* Poe, L.,* & **Weinstock, J.** (2021, November). *Impact of sexual assault on comorbid disturbed eating and drinking behaviors in college students.* Poster presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, Virtual.
- Meinerding, M.,* Poe, L.,* & **Weinstock, J.** (2020, November). *A confirmatory factor analysis of the CEBRACS for food and alcohol disturbance.* Poster presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Virtual.
- McGrath, A. B.,* Meinerding, M.,* & **Weinstock, J.** (2020, February). *Differences in O-Span working memory capacity based on health behavior engagement.* Poster presented at the 48th Annual Meeting of the International Neuropsychological Society, Denver, CO.
- Poe, L.,* Baxley, C.,* Benware, J., Lustman, P., & **Weinstock, J.** (2019, November). *Motivational and contingency management interventions on intrinsic and extrinsic motivation to exercise among treatment seeking veterans with alcohol use disorder.* Poster presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- Meinerding, M.,* McGrath, A.,* J., Swaminath, S.,# Thornton, R.,# Nolan, M.,# & **Weinstock, J.** (2019, November). *Personality differs between three-class structure of health behavior engagement in college students.* Poster presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- Baxley, C.,* Poe, L.,* King, K.,# Benware, J., Lustman, P., & **Weinstock, J.** (2019, November). *Exercise reduces craving among treatment seeking veterans with alcohol use disorder.* Poster presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- Wessinger, C.M.,* Inman, C.L., **Weinstock, J.**, & Weiss, E.P. (May, 2019) *Effect of Huperzine A on cognitive function and perception of effort during exercise.* Poster presented at the American College of Sports Medicine National Conference. Orlando, FL. *Medicine & Science in Sports & Exercise*, 51(supplement).
- Greif, T.,* Mulhauser, K.,* Baxley, C.,* Grant, A.,* Buchanan, T., Schwarz, L.R., & **Weinstock, J.** (2019, February). *Impact of executive function and cortisol stress responsivity on substance use treatment outcomes in prison inmates.* Poster presented at International Neuropsychological Society annual meeting, New York City, NY.
- McGrath, A. B.,* Mulhauser, K.,* & **Weinstock, J.** (2019, February). *Cross-sectional examination of college student health behavior engagement and self-reported executive functions.* Poster presented at the 47th Annual Meeting of the International Neuropsychological Society, New York, NY.
- Mulhauser, K.,* Poe, L.,* McGrath, A. B.,* Lace, J.,* Schwarz, L. R., Buchanan, T. W., & **Weinstock, J.** (2019, February). *Executive functions and cortisol stress responses: A path analysis of substance use disorder history on CBT treatment outcomes.* Poster presented at the 47th Annual Meeting of the International Neuropsychological Society, New York, NY.
- McGrath, A. B.,* Cloutier, R.,* Christensen, M.,* Swaminath, S.#, Sabic, S.#, Nolan, M.#, Foulkrod, T.#, Francis, M.#, Thornton, R.#, Henderson, C., Taylor, D., & **Weinstock, J.** (2018, November). *Health- and risky-behavior clustering in a sample of emerging-adult college students: Examining differences in executive functioning.* Poster presented at the

- 52nd annual convention of the Association for Behavioral Cognitive Therapies, Washington, D.C.
- Osborne, J., **Weinstock, J.**, & Rash, C. (2018, November). *Impact of early exposure of contingency management reinforcement*. Poster presented at the 52nd annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Poe, L.,* Baxley, C.,* Fu, Q., Weiss, T., & **Weinstock, J.** (2018, November). *Is exercise protective of cognitive functioning in the presence of substance use?* Poster presented at the 52nd annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Miller Short, E.,# Mulhauser, K.,* April, L.,* & **Weinstock, J.** (2018, November). *The Pornography Purchase Task*. Poster presented at the 52nd annual convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- Weinstock, J.**, Van Patten, R.,* Mulhauser, K.,* & Buchanan, T.W. (2018, October). *The influence of acute stress and addiction on risk-taking: Comparison between gambling disorder and alcohol use disorder*. Poster presented at the 19th Conference on Gambling and Addiction, National Center for Responsible Gambling, Las Vegas, NV.
- Van Patten, R.* , McGrath, A.B.* , & **Weinstock, J.** (November, 2017). *Comparison of problem/pathological gamblers to low-risk gamblers on sociodemographic and health-related variables*. Poster presented at 51st annual convention of the Association for Behavioral and Cognitive Therapies Conference, San Diego, CA.
- Baxley, C.* , **Weinstock, J.**, Garner, A., D'Agostino, A.# , Rowan, D.# , & Woods, B.# (November 2017). *The influence of anxiety sensitivity on opioid use disorder treatment outcomes*. Poster presented at 51st annual convention of the Association for Behavioral and Cognitive Therapies Conference, San Diego, CA.
- Perry, J.* , Ross, M., **Weinstock, J.**, & Weaver (2017, October). *Investigation of a brief mindfulness intervention to enhance athletic performance: Research findings and clinical applications*. Poster presented at the 32nd Annual Meeting of the Association of Applied Sport Psychology (AASP), Orlando, FL.
- April, L. M.* , Baxley, C.* , **Weinstock, J.**, & Buchanan, T. (2017, October). *Coping and distress in gambling disorder with and without PTSD*. Poster presented at the 18th Annual Conference on Gambling and Addiction, National Center for Responsible Gambling, Las Vegas, NV.
- Baxley, C.* , April, L.M.* , **Weinstock, J.**, & Buchanan, T. (2017, October). *Emotion regulation and negative affect among pathological gamblers with social phobia*. Poster presented at the 18th Annual Conference on Gambling and Addiction, National Center for Responsible Gambling, Las Vegas, NV.
- McMullin, S.D.* , Mulhauser, K.* , **Weinstock, J.**, & Buchanan, T.W. (2017, October). *Dysregulation of diurnal cortisol, as well as affective and deliberative decision making in gambling disorder*. Poster presented at the 18th Conference on Gambling and Addiction, National Center for Responsible Gambling, Las Vegas, NV.
- Mulhauser, K.* , Zane, K.L.* , Emmert, N.A.* , Van Patten, R.* , Elrod, N.* , & **Weinstock, J.** (2017, February). *Changes in cognition over the course of residential treatment for alcohol use disorder*. Poster presented at the 45th Annual Meeting of the International Neuropsychological Society, New Orleans, LA.

- Baxley, C.*, D'Agostino, A.#, Herman, A.#, & **Weinstock, J.** (2016, October). *Exploring anxiety sensitivity in gambling disorder*. Poster presented at 50th annual convention of the Association for Behavioral and Cognitive Therapies Conference, New York City, NY.
- Nelson, C.R.*, Thakkar, V.#, Gorijala, V.#, Oremus, E.#, & **Weinstock, J.** (2016, October). *Exercise versus relaxation: Compared effectiveness for college students' well-being*. Poster presented at 50th annual convention of the Association for Behavioral and Cognitive Therapies Conference, New York City, NY.
- April, L.*, Rowan, D.#, McGinn, M.#, & **Weinstock, J.** (2016, October). *The prevalence of gambling disorder among ex-offenders and its relationship to recidivism*. Poster presented at 50th annual convention of the Association for Behavioral and Cognitive Therapies Conference, New York City, NY.
- Weinstock, J.**, Van Patten, R.*, Farney, M.#, Mulhauser, K.*, & Buchanan, T. (October, 2016). *The effect of acute stress and impulsivity on probabilistic decision making in individuals with addictive disorders and healthy controls*. Poster presented at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Mulhauser, K.*, Van Patten, R.*, Merz, Z.C.*, Farney, M.#, White, C.N.*, Wenzel, K.*, & **Weinstock, J.** (2016, October). *Differential relationships among speeded neuropsychological test performance and facets of impulsivity in individuals with substance use disorder*. Poster presented at the 36th Annual Conference for the National Academy of Neuropsychology, Seattle, WA.
- Perry, J. E. *, Ross, M. J., Montgomery, T. *, Hansen, A. *, & **Weinstock, J.** (2016, September). *Effectiveness of athletes' coping strategies in maintaining high heart rate variability: Examination of the physiological recovery of collegiate soccer players*. Poster presented at the annual conference for the Association for Applied Sport Psychology, Phoenix, AZ.
- Mulhauser, K. *, White, C. N. *, Van Patten, R. *, Farney, M. R. #, Maraldo, T. *, & **Weinstock, J.** (2016, June). *Abstinence-based changes in neurological functioning during residential treatment for alcohol and cocaine use disorders*. Poster presented at the 14th Annual Conference for the American Academy of Clinical Neuropsychology, Chicago, IL.
- Caver, L. *, Musa, I. *, Askew, R., Colvin, S., Walls, G., & **Weinstock, J.** (2015, November). *Integrated behavioral health services at Myrtle Hilliard Davis Comprehensive Health Centers*. Poster presented at the annual Making a Difference in North St. Louis Symposium, St. Louis, MO.
- Reinholz, B.#, Maraldo, T.M. *, Zeisig, K.#, Sladky, S.M. *, & **Weinstock, J.** (November, 2015). *Stress reactivity and antisocial personality disorder traits in an addiction sample*. Poster presented at the 49th annual Association for Behavioral and Cognitive Therapies convention, Chicago, IL.
- Weinstock, J.**, Wenzel, K.R. *, Kallmi, S. #, & April, L. * (November, 2015). *Is subclinical gambling really subclinical?* Poster presented at the 49th annual Association for Behavioral and Cognitive Therapies convention, Chicago, IL.
- Oremus, E. #, Mulhauser, K. *, D'Agostino, A. #, & **Weinstock, J.** (November, 2015). *Expanding alcohol demand construct to gambling: Does it translate?* Poster presented at the 49th annual Association for Behavioral and Cognitive Therapies convention, Chicago, IL.

- Wenzel, K.R.*, Weber, S.M.*, Wilkerson, R.A.*, McGinn, M.#, Loo, K.#, & **Weinstock, J.** (November, 2015). *Problem drinking and alcohol consequences among U.S. and Guatemalan college students*. Poster presented at the 49th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Weber, S.M.*, Peter, S.C.#, & **Weinstock, J.** (November, 2015). *Does differential coping affect allostatic load in addiction?* Poster presented at the 49th annual Association for Behavioral and Cognitive Therapies convention, Chicago, IL.
- Perry, J. E.*, Ross, M. J., **Weinstock, J.**, & Gfeller, J. (2015, October). *Examining the interrelationships between motivation, conscientiousness, and individual endurance sport performance*. Poster presented at the annual meeting of Association for Applied Sport Psychology, Indianapolis, IN.
- Garigipati, R.#, Weber, S. M.*, & **Weinstock, J.** (2014, November). *Does exercise engagement facilitate changes in an individual's readiness to change drinking?* Poster presented at 48th annual Association of Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
- Kalmi, S.#, Nelson, C. R.*, & **Weinstock, J.** (2014, November). *Exercise to say no: Can exercise engagement increase confidence to refuse alcohol*. Poster presented at 48th annual Association of Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
- Nelson, C. R.*, & **Weinstock, J.** (2014, November). *Effect of exercise on anxiety sensitivity in sedentary adults with an alcohol use disorder*. Poster presented at 48th annual Association of Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
- Peter, S. C.#, Wenzel, K. R.*, & **Weinstock, J.** (2014, November). *Does engaging in exercise impact drinking consequences in non-treatment seekers?* Poster presented at 48th annual Association of Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
- Meyer, V., **Weinstock, J.**, & Buchanan, T. (2014, September). *Gambling disorder: Do stress and impulsivity interact?* Poster presented at the 15th annual NCRG Conference on Gambling and Addiction, Las Vegas, NV.
- Perry, J.*, Higginbotham, J.#, Nelson, C.*, & **Weinstock, J.** (2013, November). *Motivational intervention effects on intrinsic and extrinsic motivation to exercise in a community sample with alcohol use disorders*. Poster presented at the 47th annual convention for the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Wenzel, K. R.*, Brett, E. I.#, & **Weinstock, J.** (2013, November). *Examining the role of negative urgency in a predictive model of bulimia nervosa*. Poster presented at the 47th annual convention for the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Brett, E. I.#, Wenzel, K.*, Weber, S.*, & **Weinstock, J.** (2013, November). *The psychometric properties of the Brief Biosocial Gambling Screen in relation to changes in pathological gambling diagnostic criteria in DSM-5*. Poster presented at the 47th annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Weber, S.*, Andrade, L., Leavens, E.#, Petry, N.M., & **Weinstock, J.** (2013, November). *Probability discounting in professional and pathological gamblers: The role of impulsivity*. Poster presented at the 47th annual convention of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- Bullett, E. S.*, Allen, J. M.*, Higginbotham, J.#, & **Weinstock, J.** (2012, November). *To exercise or not to exercise: College students' reasons for and barriers to physical*

- activities*. Poster presented at the 46th annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, Maryland.
- Wenzel, K.*, Nelson, C.*, & **Weinstock, J.** (2012, November). *Examining exercise as an intervention for emotion dysregulation in hazardous drinking college students*. Poster presented at the 46th annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, Maryland.
- Leavens, E.[#], Marotta, J., & **Weinstock, J.** (2012, September). *Disordered gambling in residential substance use disordered treatment centers*. Poster presented at the 13th annual National Center for Responsible Gaming Conference on Gambling and Addiction, Las Vegas, NV.
- Scott, T. L.[#], & **Weinstock, J.** (2011, November). *Suicidal ideation in gamblers calling a help-line*. Poster presented at the 45th annual convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Wadeson, H. K.*, & **Weinstock, J.** (November 2011). *Impact of family history of problem gambling in diagnosis and treatment entry*. Poster presented at the 45th annual convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Weinstock, J.**, Burton, S., Rash, C. J., & Moran, S. (2011, July). *Predictors of engaging in problem gambling treatment via a help-line: The West Virginia story*. Poster presented at the 25th National Conference on Problem Gambling, Boston, MA.
- Weinstock, J.**, Capizzi, J.*, Pescatello, L. S., & Petry, N. M. (2011). *Contingency management for exercise: An intervention for hazardous drinking college students*. *Alcoholism: Clinical and Experimental Research*, 35 (Supplemental 1), 87A.
- Panza, G. A.*, **Weinstock, J.**, Ash, G. I.*, & Pescatello, L. S. (2011). *Validity of the Timeline Followback for exercise among college students*. *Medicine and Science in Sports and Exercise*, 43(5-Supplement 1), 321.
- Rash, C. J., **Weinstock, J.**, & Petry, N. M. (2010, November). *Drinking patterns of pathological gamblers before, during, and after gambling treatment*. Poster presented at the annual meeting National Council on Responsible Gaming (NCRG) Conference on Gambling and Addiction. Las Vegas, NV.
- Weinstock, J.**, Capizzi, J.*, Pescatello, L. S., & Petry, N. M. (2010, November). *Exercise: An intervention for hazardous drinking college students*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Weinstock, J.**, & Petry, N. M. (2010, November). *Professional and pathological gamblers: Similarities and differences*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Weinstock, J.** (2009, November). *Psychosocial predictors of accessing help for gambling problems*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Weinstock, J.**, & Petry, N. M. (2008, November). *Initiation of drug abstinence during contingency management substance use disorders treatment: When does abstinence happen and does it matter?* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Petry, N. M., & **Weinstock, J.** (2008, November). *Brief interventions for disordered gambling college students*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

- Barry, D., **Weinstock, J.**, & Petry, N. M. (2008, August). *Ethnic differences in HIV-risk behaviors among methadone maintained women*. Poster presented at the annual meeting of the American Psychological Association, Boston, MA.
- Weinstock, J.**, Alessi, S. M., Petry, N. M., & Hanson, T. (2006, November). *Does psychiatric severity influence outcomes in contingency management substance use disorders treatments?* Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Weinstock, J.**, & Petry, N. M. (2005, November). *Gambling: What are the limits of moderation?* Poster presented at the annual meeting of the Association of Behavioral Cognitive Therapy, Washington, DC.
- Weinstock, J.**, Armentano, C., & Petry, N. M. (2005, November). *Prevalence and health correlates of gambling problems in substance abuse counselors*. Poster presented at the 2005 NIAAA Trainees Workshop, Indianapolis, IN.
- Weinstock, J.**, McCausland, C., Lipinski, D., Booth, A., Whelan, J. P., Meyers, A. W. (2004, November). *Gambling behavior: At what point is it harmful?* Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Weinstock, J.**, Lipinski, D., Booth, A., McCausland, C., Whelan, J. P., Meyers, A. W. (2004, November). *Classifying pathological gamblers: Accuracy of two gambling screening measures*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Weinstock, J.**, Whelan, J. P., Meyers, A. W. & King, L. (2002, August). *Gambling and alcohol problems in a frequent gambling college population*. Poster presented at the annual meeting of the American Psychological Association, Chicago, IL.
- Weinstock, J.**, Whelan, J., Meyers, A., & Donahue, K. (2001, November). *Behavioral assessment of gambling: Psychometrics of a gambling Timeline Followback*. Poster presented at the annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- Weinstock, J.**, Whelan, J. P., Meyers, A. W., Steenbergh, T., May, R., Donahue, K., & Floyd, K. (2000, October). *Gambling among collegiate athletes: An investigation of prevalence and pathology*. Poster presented at the annual meeting of the Association for the Advancement of Applied Sport Psychology, Nashville, TN.
- Van Raalte, J. & **Weinstock, J.** (1998, August). *Psychological momentum in competitive tennis*. Poster presented at the 24th International Congress of Applied Psychology, San Francisco, CA.
- Brewer, B. & **Weinstock, J.** (1996, August). *The inter-rater reliability of the sport injury rehabilitation adherence scale*. Poster presented at the annual meeting of the American Psychological Association, Toronto, Canada.

GRANT SUPPORT - ONGOING

“A Preconception Health Intervention to Reduce Substance Exposed Pregnancies Among Incarcerated Women”

Type: K23 (DA-047423)

Role: Co-Sponsor

Agency: NIDA

Period: April 2022 – March 2027

The purpose of this grant is to provide training for Dr. Jennifer Bello-Kottenstette to become an independent researcher with a focus on reproductive health promotion in women with substance use disorders. Dr. Jennifer Bello-Kottenstette (SLU) is the Principal Investigator.

Indiana State Opioid Response Grant

Type: Large grant

Agency: SAMHSA

Role: Consultant

Period: December 2022 – September 2023

The State of Indiana used STR and SOR funds to address the opioid crisis in Indiana. The State sorely needed the funds to build the infrastructure for addiction treatment in Indiana. The Indiana Family and Social Services Administration is the grant recipient.

Missouri State Opioid Response 2.0

Type: Large grant

Agency: SAMHSA

Role: Consultant

Period: September 2020 – September 2023

The purpose of the project is to build upon the system changes for Opioid Use Disorder prevention, treatment, and recovery that have been activated by Missouri's State Targeted Response grant and first State Opioid Response grant, while adding a focus on stimulant use and adding critical initiatives. Dr. Rick Gowdy is the Principal Investigator.

Developing and Implementing a Smoking Cessation Intervention through Evidence based Navigation and Collaborative Education (Team SCIENCE) among Pregnant Women with Substance Use Disorders: Adopting an Implementation Science Approach

Type: Applied Health Research Grant

Agency: Saint Louis University

Role: Co-Investigator

Period: May 2022 – April 2023

The purpose of this grant is conduct focus groups with relevant stakeholders about how best to adapt and implement an evidence-based smoking cessation intervention (i.e., The 5A's) in the Women and Infant Substance Help (WISH) Center at Saint Louis University. The WISH Center provides services perinatal and postnatal services for pregnant women with substance use disorders. Dr. Niraj Chavan is the Principal Investigator.

“Don't Go There: A Geospatial mHealth App for Gambling Disorder”

Type: Large grant

Agency: National Center for Responsible Gambling

Role: Principal Investigator

Period: July 2019 – June 2023

The purpose of this study is to develop and test the efficacy of a GPS-based mHealth app that adapts the behavioral intervention of stimulus control to reduce/stop harmful gambling behavior. Total costs: \$172,208.

“COPE: Creating Opioid Preparedness Education”

Type: Opioid Workforce Expansion Program (OWEP) Professionals

Agency: HRSA (federal agency)

Role: Key Personnel

Period: September 2019 – August 2023

The purpose of this grant is to enhance community-based experiential training for graduate students preparing to become behavioral health professionals with a focus on opioid use disorder and other substance use disorders prevention, treatment, and recovery services. Total Costs: \$1,050,013. Dr. Fred Rottnek is the Principal Investigator.

RESEARCH SUPPORT – UNDER REVIEW

Severe Maternal Morbidity and Mortality Reduction (SMART) Center of Excellence

Type: U54

Agency: NICHD

Role: Co-Investigator

Period: July 2023 – June 2030

The purpose of this grant is to examine innovative approaches to address preventable maternal mortality, decrease severe maternal morbidity, and promote maternal health equity in partnership with one or more populations that experience maternal health disparities.

Reinforcing attendance to cognitive-behavioral therapy for gambling disorder to improve retention and overall treatment outcomes

Type: Large Grant

Agency: International Center for Responsible Gaming

Role: Consultant

Period: --

The purpose of this grant is increase adherence to cognitive behavioral therapy treatment for gambling disorder using contingency management. Dr. Meredith Ginley is the Principal Investigator.

RESEARCH SUPPORT – COMPLETED

“Scaling Up Integrated Behavioral Health Treatment for OUD: Engaging Primary Care and Tele-Health”

Type: Training Grant

Agency: Health Resources & Services Administration

Role: Co-Investigator

Period: September 2019 – August 2022

The purpose of this grant is to train pre-doctoral clinical psychology students to provide integrated, interdisciplinary, behavioral health and opioid use disorder and other substance use disorder prevention and treatment services in high need and high demand areas. Total Costs: \$820,175. Dr. Terri Weaver is the Principal Investigator.

Informing Prevention by Modeling Associations between Physical Activity and Alcohol Consumption

Type: R21

Agency: National Institute on Alcohol Abuse, Alcoholism

(NIH)

Role: Consultant

Period: September 2018 – August 2021

This project evaluates levels of association (within and between) and potential moderators (e.g., joint motives, sex differences) of the relationship between physical activity (PA) and alcohol consumption among young adult drinkers. Total costs: \$224,243. Clayton Neighbors (University of Houston) is the Principal Investigator.

“Changes in Gambling Behavior Due to COVID19”

Type: Seed grant

Agencies: INCHIP, University of Connecticut; SLU
Rapid Response COVID-19 Seed Funding

Role: Co-Principal Investigator

Period: April 2020 – December 2020

The purpose of this study is to examine in individuals with gambling problems changes in gambling and other addictive behaviors that occur with abrupt cessation of gambling opportunities due to the COVID19 pandemic. Dr. Carla Rash is Co-Principal Investigator. Total costs: \$12,899.

“Center for Healthy Living”

Type: Big Idea Grant Agency: Saint Louis University
 Role: Co-Principal Investigator Period: May 2018 – May 2020
 The purpose of this grant is to convene a group of academic researchers at Saint Louis University to explore the feasibility of an academic research center that conducts and disseminates research on wellness that is fostered and supported across the social-ecological landscape. Dr. Tricia Austin is the Principal Investigator. Total costs: \$10,000.

“External Expert Reviews of Dr. Weinstock’s NIH Grant”

Type: Spark Agency: Saint Louis University
 Role: Principal Investigator Period: January 2019 – April 2019
 The purpose of this funding was to solicit expert feedback on a recently submitted unsuccessful NIH grant application entitled, *“Exercise: A self-regulatory intervention for alcohol use disorder non-treatment seekers”*. Total costs: \$1,000.

“Exercise: Addressing Stress in Relapse Prevention in Substance Use Disorders”

Type: R01 (DA-033411-01A1) Agency: NIDA
 Role: Principal Investigator Period: April 2013 – March 2019
 The purpose of this study is to examine the utility of exercise as a relapse prevention strategy for individuals with substance use disorders. The biological response to stress will be specifically examined in relation to engagement in exercise and relapse. Total costs: \$1,685,601.

“Diurnal Cortisol Dynamics and Gambling Disorder”

Type: Seed Grant Agency: National Center for Responsible Gambling
 Role: Co-Investigator Period: June 2016 – December 2017
 The goal of this study is to characterize the relation between stress physiology and sensitivity to reward and punishment. Dr. Tony Buchanan is the Principal Investigator. Total Costs: \$31,804

“Characterization of Pathological Gambling as an Addictive Disorder”

Type: Large Grant Agency: National Center for Responsible Gambling
 Role: Principal Investigator Period: April 2013 – March 2016
 The overarching purpose of this study is to examine pathological gambling’s conceptualization as an addiction and to elucidate common etiological factors and pathways to addiction, including stress reactivity. Total Costs: \$168,884.

“Exercise as Alcohol Use Disorders Intervention for Non-Treatment Seeking Adults”

Type: R03 (AA-020194) Agency: NIAAA
 Role: Principal Investigator Period: September 2010 – August 2013
 The purpose of this study is to provide additional funds for a non-NIH funded project that investigates exercise as an intervention for non-treatment seeking adults in the community with alcohol use disorders. Total Costs: \$75,000.

“Lifestyle Intervention ForEver: Healthy Weight for Pregnancy and Birth”

Type: Presidential Agency: Saint Louis University
 Role: Co-Principal Investigator Period: February 2012 – February 2014

The purpose of this pilot randomized clinical trial is to assess the feasibility of the Lifestyle Intervention ForEver (LIFE) program compared to routine care in pregnant obese women. The LIFE program has two components: nutrition and exercise. Dr. Raul Artal was Co-Principal Investigator. Total Costs: \$50,000.

“Efficacy of a Personalized Feedback Intervention at Reducing Gambling Behaviors among College Students.”

Type: Large Grant Agency: National Center for Responsible Gambling
Role: Consultant Period: January 2011 – December 2013

The purpose of this study is to investigate brief interventions for disordered gambling in college students. Dr. Matthew Martens was the Principal Investigator.

“Progressive Muscle Relaxation with or without Exercise for the Treatment of Night Eating Syndrome.”

Type: Presidential Agency: Saint Louis University
Role: Consultant Period: August 2011 – August 2013

The purpose of this randomized clinical trial is to examine the efficacy of progressive muscle relaxation (PMR) and PMR plus moderate exercise in contrast to an attention-control group for the treatment of Night Eating Syndrome. Dr. Jillon Vander Wal was Principal Investigator.

“Exercise as an Alcohol Use Disorders Intervention for Sedentary Non-Treatment Seeking Adults.”

Type: UHC/Storrs Campus Incentive Grants Agency: University of Connecticut
Role: Principal Investigator Period: January 2010 – June 2012

The purpose of this study is to investigate exercise as an intervention for non-treatment seeking adults in the community with alcohol use disorders. Total Costs: \$100,000.

“Motivational Interventions for Exercise in Hazardous Drinking College Students.”

Type: R21 (AA-017717) Agency: NIAAA
Role: Principal Investigator Period: June 2009 – May 2012

The purpose of this study is to investigate exercise promotion as an intervention in sedentary hazardous drinking college students. Total Costs: \$427,129.

“Exercise: An Intervention for Hazardous Drinking College Students.”

Type: P60 (AA-003510) Agency: NIAAA
Role: Principal Investigator – Pilot study Period: September 2008 – June 2010

The purpose of this pilot study is to investigate the promotion of exercise in hazardous drinking college students. Total Costs of Pilot: \$50,000. Victor Hesselbrock, Ph.D. was Principal Investigator of the P60.

“Physical Activities to Improve Quality of Life Among Opiate Agonist Patients.”

Type: Large Faculty Grant Agency: University of Connecticut
Role: Investigator Period: September 2009 – August 2010

The purposes of the pilot project are to examine the effects of exercise on physical and psychological wellbeing among methadone maintenance patients. Jaci L. VanHeest, Ph.D. was Principal Investigator.

“Recovery Enhancement with Awards Enhancement with Awards Research Dissemination.”

Type: P30 (DA0023918) Agency: NIDA
 Role: Investigator Period: September 2009 – June 2010
 The purpose of the REWARD Center grant is to improve collaborative efforts across contingency management (CM) projects, with core aims of centralizing administration, data management and analyses, and dissemination of CM procedures. Nancy M. Petry, Ph.D. was Principal Investigator.

“Validating the Four E’s Scale as a Predictor of Gambling Behaviors and Gambling Problems: A Cross-Cultural Comparison of Canadian and American College Students.”

Type: Major Research Grant Proposal Agency: Alberta Gaming Research Institute
 Role: Investigator Period: January 2009 – December 2011

The purpose of the study is to evaluate the psychometric properties of a problem-gambling measure and gambling behavior and correlates of a cross-cultural sample of Canadian and American college students. Stephen McDaniel, Ph.D. was the Principal Investigator.

“Healthy Activities for Prize Incentives.”

Type: R01 (DA-022739) Agency: NIDA
 Role: Investigator Period: June 2008 – June 2010

The purpose of this study is develop and refine contingency management (CM) that focuses on improving health, especially as related to increasing low intensity physical activities in HIV+ substance use disordered individuals. Nancy M. Petry, Ph.D. is Principal Investigator.

“A Pilot SMART Design for Pathological Gamblers.”

Type: P50 (DA-009241) Agency: NIDA
 Role: Investigator – Pilot Study Period: January 2008 – June 2010

The purpose of the pilot study is to investigate the treatment efficacy of various treatment intensities according to a patient’s initial response to pathological gambling treatment. Bruce Rounsaville, Ph.D. was the Principal Investigator of the P50.

“Brief Therapies for Frequent Gambling Substance Abusers.”

Type: R01 (DA-021567) Agency: NIDA
 Role: Investigator Period: June 2007 – June 2010

This project will evaluate the efficacy of brief interventions for individuals seeking treatment for substance use disorders who also have gambling problems. Nancy M. Petry, Ph.D. was Principal Investigator.

“Group-Based Contingency Management/Outpatient Treatment.”

Type: R01 (DA-018883) Agency: NIDA
 Role: Investigator Period: 2006 – 2009

The purpose of the grant is to evaluate the efficacy of prize-based CM when administered exclusively in a substance use disordered group treatment setting. Nancy M. Petry, Ph.D. was Principal Investigator.

“Lower-Cost Contingency Management in a Group Setting.”

Type: R01 (DA-014618) Agency: NIDA
 Role: Project Manager & Research Clinician Period: 2004 – 2007

This grant evaluated the efficacy of the prize-based contingency management technique in enhancing attendance, reducing drug use, and improving health among clients attending HIV drop-in centers. Nancy M. Petry, Ph.D. was Principal Investigator.

“*Cognitive-Behavioral Treatments/Pathological Gambling.*”

Type: R01 (MH-060417)

Agency: NIMH

Role: Research Clinician

Period: 2004 – 2008

The purposes of the grant are to evaluate CBT treatments for pathological gambling. Nancy M. Petry, Ph.D. was Principal Investigator.

“*Brief Interventions for Disordered Gambling in College Students.*”

Type: P50 (DA-009241)

Agency: NIDA

Role: Research Clinician – Pilot Study

Period: 2006 – 2007

This grant evaluated the efficacy of brief interventions for problem and pathological gambling college students. Bruce Rounsaville, Ph.D. was the Principal Investigator of the P50.

“*Post-Doctoral Training Program in Alcohol Studies*”

Type: T32 (AA-007290)

Agency: NIAAA

Role: Post- Doctoral Fellow

Period: 2004 – 2006

The purpose of this grant is to provide post-doctoral fellows with a common knowledge base in alcohol research theory and methods. Lance Bauer, Ph.D. was the Principal Investigator.

SERVICE TO THE PROFESSION

Consulting Editor – *Psychology of Addictive Behaviors* (2019 - present)

Assistant & Associate Editor – *Addiction* (Assistant: 2012 - 2019; Associate: 2019-Present)

Scientific Advisory Board Member – *Kindbridge Research Institute* (2021)

Editorial Board Member – *International Gambling Studies* (2017 – 2020)

Editorial Board Member – *Addiction Research and Theory* (2010 - 2018)

Guest Editor, Special Issue – *Journal of Substance Abuse Treatment* (2016)

Ad Hoc Peer Reviewer – *Addiction, Addictive Behaviors, Alcoholism: Experimental and Clinical Research, American Journal on Addictions, Asian American Journal of Psychology, Behavior Modification, BMC Psychiatry, BMC Psychology, CNS Spectrums, Drug and Alcohol Dependence, International Gambling Studies[#], Journal of American College Health, Journal of Applied Sport Psychology, Journal of Clinical Psychology, Journal of Consulting and Clinical Psychology, Journal of Contemporary Psychotherapy, Journal of Gambling Issues, Journal of Gambling Studies, Journal of Psychiatric Research, Journal of Substance Abuse Treatment, Mental Health & Physical Activity, Pharmacology, Biochemistry and Behavior, Psychiatry Research, Psychological Medicine, Psychology of Addictive Behaviors, Substance Abuse^{*}, Substance Abuse Treatment, Prevention, and Policy*

[#]recognized as providing outstanding reviews in 2011;

^{*}recognized as providing an exception level of service in 2013

Grant Application Reviewer – *Ontario Problem Gambling Research Centre* (2006; 2012)

Grant Application Reviewer – *Alberta Gaming Research Institute* (2007-2021 – 6 times)

Grant Application Reviewer – *National Center for Responsible Gaming* (2016-Present)

- Grant Application Reviewer – *Washington University in St. Louis, Institute of Clinical and Translational Sciences – Opioid Epidemic Pilot Funding Program* (2018)
- Grant Application Reviewer – *Washington University in St. Louis, Institute of Clinical and Translational Sciences* (2022)
- Grant Application Reviewer – U.S. – *Israel Binational Science Foundation* (2019-2021)
- Conference Program Committee Member – *Association of Behavioral and Cognitive Therapies* (2014 – present)
- Leader – *Addictive Behaviors Special Interest Group, Association for Behavioral and Cognitive Therapies* (2016- 2018)
- Trainer – Contingency Management Training (2020- present)
- Missouri State Opioid Response 2.0 – Treatment of Stimulant Use Disorder with Contingency Management
 - Indiana State Opioid Response Grant – Evidence-Based Interventions
- Trainer – Pathological Gambling Treatment (2011-2012)
- California Office Problem Gambling - Treatment Service Training Program

SERVICE TO THE UNIVERSITY

- Member – SLU Science and Engineering Research Council (2022-present)
- Member – SLU Applied Health Research Council (2019-2021)
- Member – SLU Institutional Review Board [Board #3] (2015-present)
- Committee Chair – Research Misconduct Complaint Inquiry (2016)
- Working Group Member – SLU Research Participant Payment Policy Revision (2015-2016)
- Grant Application Reviewer – SLU President’s Research Fund (2012-2015)
- Grant Application Reviewer – SLU Beaumont Research Fund (2013)
- Panel Member – SLU Grantsmanship Boot Camp Seminar (2012)
- Presenter - SLU School of Medicine Pediatric Resident Noon Conference (2011)
- Presenter - SLU Human Resources Health and Wellness Series (2012-2013)
- Discussion Leader – SLU First-Year Summer Reading Program (2012)

SERVICE TO THE COLLEGE

- College of Arts & Sciences – Research Advisory Council (2022 – present)
- SLU 101 – Psychology Department Representative (2011-2015, 2018, 2019)
- Participant - Undergraduate Admissions Faculty Web Chat (2011)
- Faculty Participant – Undergraduate Admissions Recruitment (2014, 2016, 2019)

SERVICE TO THE DEPARTMENT

- Faculty Coordinator – Clinical Program APPIC Predoctoral Internship (2011)
- Faculty Coordinator – Clinical Program Written Preliminary Examinations (2012-present)
- Faculty Judge – PSY401 Posters at Annual Psychology Capstone Symposium (2011, 2012, 2015)

THESIS AND DISSERTATION COMMITTEES SERVED

Thesis Chairs

Casey Nelson – Thesis Committee Chair; Saint Louis University (2013)
 Kevin Wenzel – Thesis Committee Chair; Saint Louis University (2013)
 Laura April – Thesis Committee Chair; Saint Louis University (2016)
 Catherine Baxley – Thesis Committee Chair; Saint Louis University (2017)
 Andrew McGrath – Thesis Committee Chair; Saint Louis University (2018)
 Lindsey M. Poe – Thesis Committee Chair; Saint Louis University (2019)
 Maria Meinerding – Thesis Committee Chair; Saint Louis University (2020)
 Lindsay Thomas – Thesis Committee Chair; Saint Louis University (2022)
 Margaret Paul – Thesis Committee Chair; Saint Louis University (ongoing)
 Lauren Borato – Thesis Committee Chair; Saint Louis University (ongoing)
 Kellen Blum – Thesis Committee Chair; Saint Louis University (ongoing)

Thesis Committees

Timothy J. Walker – Thesis Committee Member; University of Connecticut, Storrs (2010)
 Gregory Panza – Thesis Committee Member; University of Connecticut, Storrs (2011)
 Jordanna Riebel – Thesis Committee Member; Saint Louis University (2011)
 Matthew Wogskch – Thesis Committee Member; University of Connecticut, Storrs (2011)
 LeSheena Barnes – Thesis Committee Member; Saint Louis University (2012)
 Danielle Gagne – Thesis Committee Member; Saint Louis University (2013)
 Joanne Perry – Thesis Committee Member; Saint Louis University (2014)
 Leandrea Caver – Thesis Committee Member; Saint Louis University (2014)
 Julie Smailys – Thesis Committee Member; Saint Louis University (2015)
 Nichole Hurless – Thesis Committee Member; Saint Louis University (2016)
 Alicia Kaufman – Thesis Committee Member; Saint Louis University (2017)
 Sara McMullin – Thesis Committee Member; Saint Louis University (2017)
 Chadsley M. Wessinger – Thesis Committee Member; Saint Louis University (2018)
 Kristen Chuvala – Thesis Committee Member; Saint Louis University (2018)
 Luke Evans – Thesis Committee Member; Saint Louis University (2019)
 Amina Avion – Thesis Committee Member; Saint Louis University (2019)
 Vanshika Gupta – Thesis Committee Member; Saint Louis University (2019)
 Austin Burns – Thesis Committee Member; Saint Louis University (2020)
 Isabella Fiorenzo – Thesis Committee Member; Saint Louis University (2021)
 Jewell Dehon – Thesis Committee Member; Saint Louis University (ongoing)

Doctoral Orals Committees

Elisha Mitchell – Doctoral Orals Examination Committee; Saint Louis University (2011)
 Erin S. Bullet – Doctoral Orals Examination Committee; Saint Louis University (2011)
 Heather Wadeson – Doctoral Orals Examination Committee; Saint Louis University (2012)
 Jeane Bosch – Doctoral Orals Examination Committee; Saint Louis University (2015)
 Leandrea Caver – Doctoral Orals Examination Committee; Saint Louis University (2015)
 Katherine Kelton – Doctoral Orals Examination Committee; Saint Louis University (2019)
 Jeffrey Shulze – Doctoral Orals Examination Committee; Saint Louis University (2019)
 Isabella Fiorenzo – Doctoral Orals Examination Committee; Saint Louis University (2022)

Dissertation Chairs

Kevin Wenzel – Dissertation Committee Chair; Saint Louis University (2015)
Casey Nelson – Dissertation Committee Chair; Saint Louis University (2016)
Laura April – Dissertation Committee Chair; Saint Louis University (2018)
Kyler Mulhauser – Dissertation Committee Chair; Saint Louis University (2018)
Catherine Baxley – Dissertation Committee Chair; Saint Louis University (2020)
Andrew McGrath – Dissertation Committee Chair; Saint Louis University (2021)
Lindsey Poe – Dissertation Committee Chair; Saint Louis University (2022)
Maria Meinerding – Dissertation Committee Chair; Saint Louis University (ongoing)

Dissertation Committees

Terri-Lynn MacKay – Dissertation Committee Member; University of Calgary (2011)
Jennifer Allen – Dissertation Committee Member; Saint Louis University (2014)
Joanne Perry – Dissertation Committee Member; Saint Louis University (2016)
Toni Maraldo – Dissertation Committee Member; Saint Louis University (2017)
Ashley Hansen – Dissertation Committee Member; Saint Louis University (2018)
Taylor Montgomery – Dissertation Committee Member; Saint Louis University (2018)
Maxwell Christensen – Dissertation Committee Member; Sam Houston State University (ongoing)

COMMUNITY SERVICE

Grant Rounds Presenter – Contingency Management for Addictions 2013, 2015, 2019
VA St. Louis Health Care System - Substance Use Disorders Team

Small Group Therapist 2000-2004; 2006-2007

Camp Good Grief

Baptist Trinity Hospice, Memphis, Tennessee

- Bereavement group therapist for two separate 3-day bereavement camps, one for children and one for adolescents.

PROFESSIONAL MEMBERSHIPS & AFFILIATIONS

Member – *Association for Behavioral and Cognitive Therapies*

Member – *American Psychological Association (Divisions 47 & 50)*

Member – *Research Society on Alcoholism*

Member – *National Council on Problem Gambling*

Affiliate – *University of Connecticut, Center for Health, Intervention, and Prevention (CHIP)*

REFERENCES

Tony W. Buchanan, Ph.D.
Professor
Department of Psychology
Saint Louis University
Morrissey Hall
St. Louis, MO 63103
314.977.2271
tony.buchanan@health.slu.edu

Carla J. Rash, Ph.D.
Assistant Professor
Calhoun Cardiovascular Center – MC 3944
University of Connecticut Health Center
263 Farmington Avenue
Farmington, CT 06030-3944
860.679.4689
carlarash@gmail.com

Craig E. Henderson, PhD
Professor
Department of Psychology
Sam Houston State University
Campus Box 2447
Huntsville, TX 77341
936.294.3601
chenderson@shsu.edu

James P. Whelan, Ph.D.
Associate Professor
Department of Psychology
The University of Memphis
202 Psychology Building
Memphis, TN 38152-3230
901.678.3736
jwhelan@memphis.edu

Paul Handal, Ph.D.
Professor
Department of Psychology
Saint Louis University
Morrissey Hall
St. Louis, MO 63103
314.977.2277
paul.handal@health.slu.edu